

Annual Report



## Mission and Vision

Our vision is that all young people realize their full potential. By no fault of their own, many youth are dealing with adversities and challenges which threaten their confidence and limit their opportunities.

Our mission is to enable life-changing mentoring relationships to ignite the power and potential of children and youth. Developmental relationships are proven to reduce the impact of adversities and support youth to grow and thrive.



# Total children served in 2021: 1193

## Theory of Change

We at Big Brothers Big Sisters of Central Okanagan and Interior believe that young people who face adversity need additional consistent, supportive developmental relationships.

We intentionally recruit based on needs of community Match young person and professionally screened volunteer mentor Monitor and support match through professional casewoker Rain and support the mentor, mentee and family Graduate match relationship towards "natural support" Build a Developmental Relationship between the mentee and mentor

Challenge Growth:



**Expand Possibilities:** 



**Express Care:** 



**Provide Support:** 



Share Power:



To create young people with

**Social Emotional** Competence **Mental Health** Wellbeing Educational **Engagement Employee Readiness** 

# Message from Executive Director



Helen Brownings

Executive Director

"Following the COVID-19 pandemic, schools welcomed us back for our in-person programs, and the demand for our Social Emotional Learning Program grew substantially. The widespread impact of isolation and stress on society affected everyone, prompting us to seize the opportunity to offer students programs aimed at nurturing their social emotional skills. By teaching practical coping techniques, we contribute to their overall well-being and positively influence various aspects of their lives, including their relationships. Notably, we continued to have a waiting list of schools requesting our programming.

We acknowledge that when our community joins forces to nurture meaningful, compassionate connections, children are better positioned to experience more joyful and healthier lives. Consequently, our primary goal continues to revolve around strengthening self-management and decision-making abilities through our wide array of programs. Given the challenges families are currently grappling with, it is imperative that we persist in expanding the number of programs we offer and seek funding sources to achieve this goal.

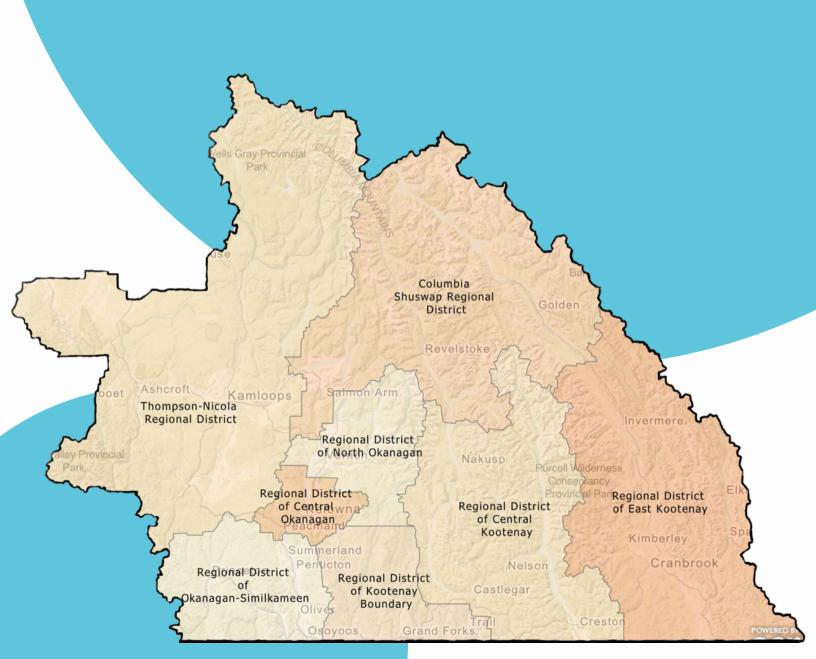
Over the past few years, our organization has undergone expansion, which included the closure of the Cranbrook agency after 40 years of service and the Kamloops agency after 50 years of dedicated service. This process has afforded us valuable insights that have enabled us to extend our support to both agencies and to continue delivering much-needed services to these areas.

To all the dedicated Board members of Kamloops and Cranbrook who tirelessly worked over the years to provide services and programs, we extend our heartfelt gratitude for your unwavering commitment to Big Brothers Big Sisters.

#### Service Area

Big Brothers Big Sisters of Central and Southern Interior of BC cover the Thompson Okanagan and Kootenay Boundary region of British Columbia encompassing 16 school districts and 6 regional districts of British Columbia.

We cover more than 170,000 kms and over 750,000 British Columbian residents.



## Programs



One on One



## ADULT OR TEEN IN-SCHOOL MENTORING

Mentors meet with their Mentees and engage in activities such as board games, crafts, or hanging out. These activities aid in the building developmental relationships. These relationships build upon the elements of expressing care, challenging growth, providing support, sharing of power and expanding possibilities.

#### STUDY BUDDY PROGRAM (GRADES 2 TO 8)

The Study Buddy Program matches students in Grades 2 to 8 with a Teen or Adult Mentor. It is a one-to-one mentoring relationship that focuses on school work and building connections through a once-a-week tutoring session. The program strives to provide an academic role model to increase academic performance, promote the importance of staying in school and increasing attendance, enhance educational goal setting and decrease disruptive beahviour.

## Programs

Group



#### **ROOTS OF EMPATHY**

The Roots of Empathy program is delivered to elementary school children who are coached to recognize and connect with the vulnerability and humanity of a baby who visits their classroom throughout the school year.

In Roots of Empathy, emotional literacy develops as children begin to identify and label the baby's feelings, reflect on and understand their own feelings, then bridge to understand the feelings of others.



#### SOCIAL-EMOTIONAL

#### **LEARNING STRATEGIES**

Social-Emotional Learning (SEL) Strategies is based on the processes by which children and youth understand and manage emotions, feel and express empathy, form and achieve goals, create and maintain positive relationships, and engage in responsible decision making. SEL Strategies is also grounded in the tenants of neuroscience, positive psychology and mindful awareness.

## Programs



Group



#### Go You! (formerly Go Girls!)

A Group Mentoring Program for girls in Grades 4 to 6 that focuses on physical activity, balanced eating, and self-esteem. The program's single, most important goal is to positively shape the lives of young women and girls by helping them build a positive self-image – setting them on a path to reach their full potential.

The Go You! program consists of 8 in-person mentoring sessions, each 1 hour long. Each session is structured around three themes: physical activity, balanced eating, and self-esteem.

#### Game On

The main goal of the Game On! is to develop an appreciation of the benefits of an active, healthy lifestyle among boys in Grades 4 to 6. In addition, the program provides participants with the tools they require to implement an active, healthy lifestyle. The Game On! Program includes many games that encompass a wide range of purposes.

The Game On! program consists of 8 in-person mentoring sessions, each 1 hour long. Each session is structured around three themes: physical activity, healthy eating, and self-esteem.



#### **BIG POSSIBILITIES MENTORING (GRADES 10 TO 12)**

BIG Possibilities Mentoring is a career-readiness program offered to high school students. It consists of 5 sessions where students learn about employability, professionalism, soft skills, technology in the workforce, digital footprints, networking, relationship-building, volunteering, and gaining work experience. Students complete self-assessments to evaluate their skills and to see where they could improve.

BIG Possibilities Mentoring benefits students by teaching them important skills to help them build confidence and succeed in their future careers and volunteer experience.

## **Finaincial Information**

BIG BROTHERS BIG SISTERS OF THE CENTRAL AND SOUTHERN INTERIOR OF BC STATEMENT OF REVENUES AND EXPENDITURES AND ACCUMULATED SURPLUS YEAR ENDED DECEMBER 31, 2021

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(29,929)

OTHER REVENUE

## BIG BROTHERS BIG SISTERS OF THE CENTRAL AND SOUTHERN INTERIOR OF BC STATEMENT OF REVENUES AND EXPENDITURES AND ACCUMULATED SURPLUS (continued)

#### YEAR ENDED DECEMBER 31, 2021

		perating Fund Capital Fund 2021		2021	2020			
OTHER REVENUE CEBA Loan - Forgivable			(0)					
portion	\$	~	\$	-	\$	-	\$	10,000
COVID 19 - Federal Wage Subsidy Gain on disposal of tangible		17,342		-		17,342		139,321
capital assets		-		1,959		1,959		17,965
Interest		1,898		. <del>.</del> .		1,898		7,853
	· <del>:</del>	19,240		1,959		21,199		175,139
EXCESS (DEFICIENCY) OF REVENUES OVER	•	04.500	•	(07.070)		50.045	•	70 700
EXPENDITURES	\$	84,589	\$	(27,970)	\$	56,619	\$	78,722

# BIG BROTHERS BIG SISTERS OF THE CENTRAL AND SOUTHERN INTERIOR OF BC STATEMENT OF FINANCIAL POSITION DECEMBER 31, 2021

	Operating Fund		Capital Fund		 2021	2020		
ASSETS								
CURRENT Cash Cash restricted (Note 10) Investments - restricted	\$	302,446 47,951	\$	-	\$ 302,446 47,951	\$	887,941 -	
(Note 10) Accounts receivable Refundable GST Prepaid expenses		502,049 69,399 3,247 13,620		-	502,049 69,399 3,247 13,620		- 138,841 3,046 19,986	
repaid expenses		938,712		_	 938,712		1,049,814	
TANGIBLE CAPITAL ASSETS (Net of accumulated		,						
amortization) (Note 4)		-		557,146	 557,146		577,698	
<u></u>	\$	938,712	\$	557,146	\$ 1,495,858	\$	1,627,512	
LIABILITIES AND NET ASSETS CURRENT Accounts payable and accrued								
liabilities (Note 6) Current portion of long term	\$	54,809	\$	-	\$ 54,809	\$	29,739	
debt (Note 11) Deferred income (Note 8)	_	260,874		7,775	 7,775 260,874		82,090 241,470	
		315,683		7,775	323,458		353,299	
LONG TERM DEBT (Note 11)		30,000	<u> </u>	160,462	 190,462		348,894	
		345,683		168,237	 513,920		702,193	
NET ASSETS Investment in tangible capital								
assets Unrestricted Internally Restricted (Note 10)		43,029 550,000		388,909	388,909 43,029 550,000		176,714 748,605 -	
, , , , , , , , , , , , , , , , , , , ,		593,029		388,909	981,938	000	925,319	
	\$	938,712	\$	557,146	\$ 1,495,858	\$	1,627,512	

Director

# BIG BROTHERS BIG SISTERS OF THE CENTRAL AND SOUTHERN INTERIOR OF BC STATEMENT OF CHANGES IN NET ASSETS YEAR ENDED DECEMBER 31, 2021

		perating Capital Fund Fund Equity in Tangible Capital Asset				2021	2020	
NET ASSETS - BEGINNING OF								
YEAR	\$	748,605	\$	176,714	\$	925,319	\$	846,597
Excess of revenues over	,	,	•		•		,	
expenditures		84,589		(27,970)		56,619		78,722
Tangible capital acquired		(11,418)		11,418		-		-
Tangible capital asset proceeds		4,000		(4,000)		<b>-</b>		-
Debt repayment		(232,747)		232,747		<u> </u>		<del>-</del> -
NET ASSETS - END OF YEAR	\$	593,029	\$	388,909	\$	981,938	\$	925,319

## Thank you Donors











## Renew Crew



Renew Crew helps community members reuse and recycle clothing, textiles, and small household goods. Serving Kelowna, Kamloops, Penticton, Vernon and surrounding communities. As a business of Big Brothers Big Sisters Central and Southern Interior of BC, we collect donated goods and resell them in the thrift retail market and recycling market. The proceeds from this social enterprise fund our school-based programs that help more than 3,000 children. The Renew Crew is one of the most successful social ventures, generating funds for our vital social services. We collect donations through a combination of home pick-ups, on-site clothing bins for drop-offs, and targeted community clothing drives. Thanks to donors like you, last year Renew Crew collected over 3.5 million pounds of clothing and household and generated over \$200,000 in net profits for our vital social services.



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